

THE BARTON CENTER

OCTOBER NEWSLETTER

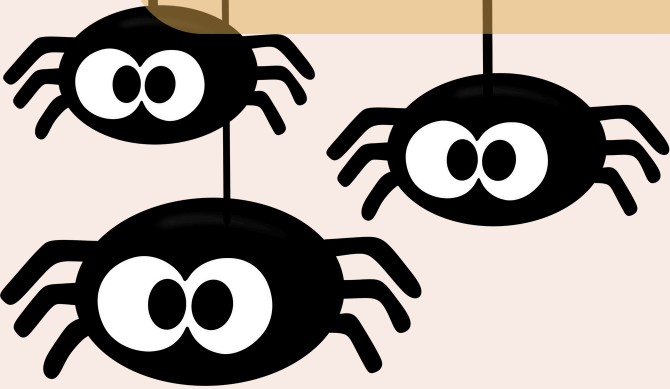
2024



216-221-3400
14300 DETROIT AVE.
LAKEWOOD, OH 44107

WWW.BARTONCOMMUNITIES.ORG

BARTON CENTER CONTACTS

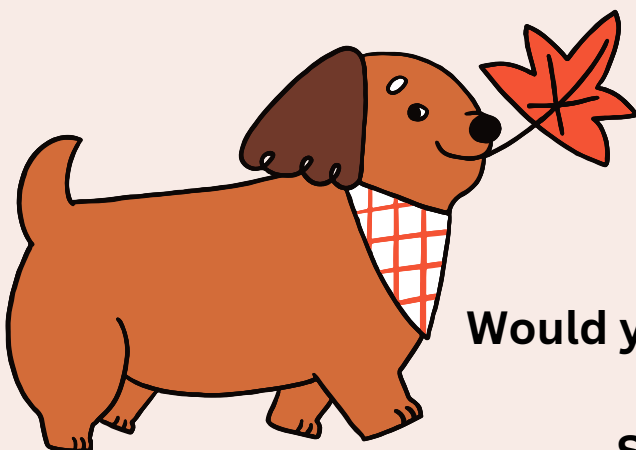


Allison
Executive Director
216-521-7260 ext. 128

Christina
Lead Activities Coordinator
216-221-3400 ext. 136

Annie
Floating Activities Coordinator
216-221-3400 ext. 134

Alex
Activities Coordinator
216-221-3400 ext. 132



**Would you like the newsletter delivered to
your email each month?
See Christina or email her at:
cstover@bartoncommunities.org!**

BARTON CENTER SHOPS

The Library

Hours: Monday - Friday
9 a.m. - 8 p.m.
Key FOB Entry

Book Sign-Out Steps

1. Sign author card with name/date/apt # (non-residents) please include phone number.
2. Put 1st card in box on desk. Due Date: 2nd card, keep in book. PLEASE

Salon & Barber Shop

Hours: Thursdays & Fridays
9 a.m. - 2 p.m.
Call: Chris Fordyce to schedule appointment.
(216) 287-6634

The Corner Store

Hours: Monday 10 a.m. - 12 p.m.
Tuesday - Thursday 10 a.m. - 3 p.m.

Hodge Podge Resale Shop

Hours: Monday 10 a.m. - 12 p.m.
& Wednesday 9 a.m. - 2:30 p.m.

Book Nook

Hours: Tuesdays & Thursdays
9:30 a.m. - 2:30 p.m.
A wide selection of gently used
and new books!



October Movie Days

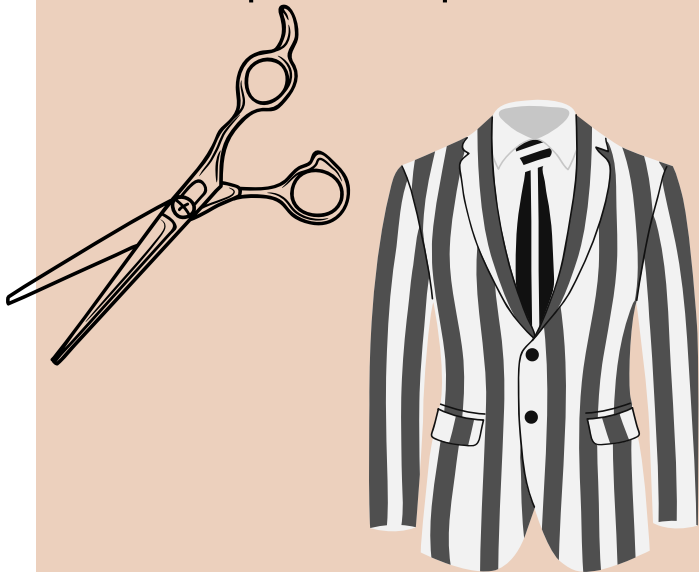
Vote for your pick in the Carr Lounge.
Popcorn is provided at each movie!

Sleepy Hollow vs. Practical Magic

When: Monday, October 7

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



Edward Scissorhands vs. Beetlejuice

When: Monday, October 14

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

Halloweentown vs. Haunted Mansion

When: Monday, October 28

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



Halloween

When: Thursday, October 31

Where: Faulhaber Auditorium

Time: 11 a.m. - 1 p.m.

H A L L O W E E N

October Crafts

Halloween Figurines

When: Thursday, October 3

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Bat Garland

When: Thursday, October 10

Where: Craft Room

Time: 1 p.m. - 3 p.m.

Pet Ghosts

When: Thursday, October 17

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Pinecone Spiders

When: Thursday, October 24

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Residents MUST pre-register for ALL crafts on the Craft Room door.
See Barton Staff with questions!

October Activities

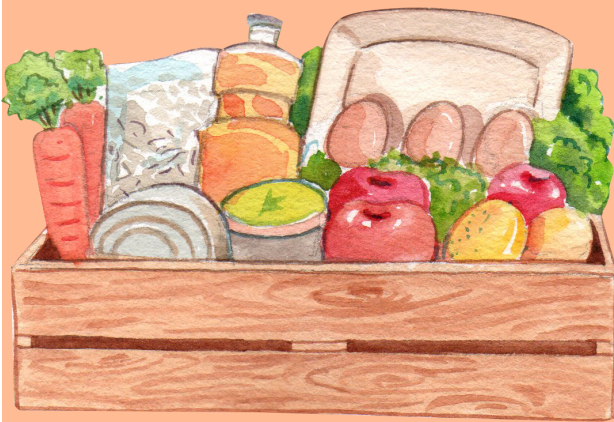
Book Nook Pop-Up Shop (Cafe) & Halloween Sale (Book Nook)

When: Thursdays, October 3 & 31

Where: Cafe & Book Nook

Time: 9:30 a.m. - 2:30 p.m.

Join Karen & Betty at their annual book nook sales!



Food Box Distribution - Cleveland Food Bank

When: Friday, October 4

Where: Cafe

Time: 10 a.m. - 2 p.m.

You must pre-register.

Contact: Christina at (216) 221-3400 ext. 136

Thursday Trivia

When: Thursday, October 3

Where: Cafe

Time: 1 p.m. - 2 p.m.

Join us in the Cafe for an extra trivia session!



October Birthdays & Trivia

When: Friday, October 11

Where: Cafe

Time: 3 p.m. - 4 p.m.

Join us to celebrate October birthdays and play trivia!

October Activities

Virtual Haunted House Tour

When: Monday, October 14

Where: Cafe

Time: 1 p.m. - 2 p.m.

Join us in the Cafe to take a virtual tour of a haunted house and listen to some scary stories!



hello
FALL



Fall Festival

When: Monday, October 21

Where: Cafe

Time: 1 p.m. - 3 p.m.

Join us in the cafe for a free fall party! We're going to have snacks, games, and crafts.

Must pre-register with Barton Staff.

Medicare Presentation

When: Wednesday, October 23

Where: Faulhaber Auditorium

Time: 1 p.m. - 2 p.m.

Join us for a presentation about Medicare.

There will be a raffle, snacks, and refreshments!



Spooky Stories

When: Thursday, October 24

Where: Cafe

Time: 2 p.m. - 3 p.m.

Join us in the Cafe for a retelling of spooky stories and frights!



October Activities

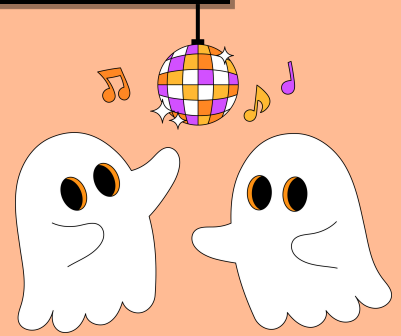
Halloween Bash

When: Thursday, October 31

Where: Cafe

Time: 1 p.m. - 3 p.m.

Join us in your costumes for our Halloween party! There will be a costume contest, snacks, and so much fun!



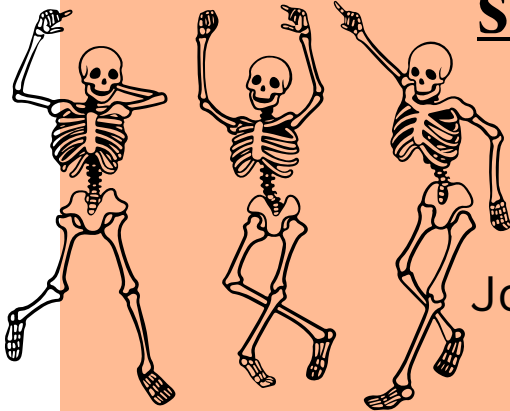
Seated Rhythms & Seated Tap Classes

When: Mondays, October 7 & 21

Where: Greenhouse

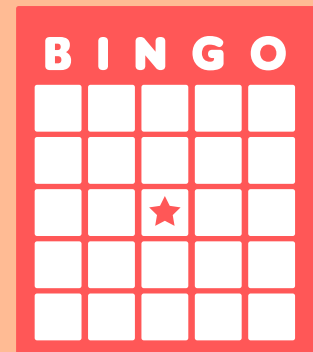
Time: 11 a.m. - 11:45 a.m.

Join us in the Greenhouse for seated dance and tap classes. All are welcome!



Prize Bingo

will be on Wednesdays, October 2 & 16 at 1 p.m. - 2 p.m. and take place in the Cafe. Come join friends and win fun prizes!



M2B2 Band Rehearsals

are on Thursday, October 3 and 17 in the

Faulhaber Auditorium from

7 p.m. - 9 p.m.

All are welcome!



Free Hearing & Hearing Aid Checks

When: Monday, October 7

Time: 10 a.m. - 4 p.m.

Where: Wellness Center

Call now to schedule your appointment!

Earl Gentile - 440-333-3271



D's Accessories Pop-Up Shop

When: Thursday, October 10

Time: 12 p.m. - 2 p.m.

Where: Carr Lounge

D's Accessories will be selling jewelry and accessories to Barton Center at affordable prices. Join us in the Carr lounge to check out her beautiful pieces!



Women in History

An Afternoon with Eleanor Roosevelt
Portrayal of Eleanor Roosevelt by Ruth Pangrace
Presented by Women in History and Lakewood Public
Library

Open to the Public

When: Friday, October 11 at 1:30 p.m.

Where: Barton Senior Center, Faulhaber Auditorium

Westerly Apartments

14306 Detroit, Westerly II (216) 221-3400



lakewoodpubliclibrary.org


LAKEWOOD
PUBLIC LIBRARY

Join ASC3 for their

Smartphone Bootcamp

Meet technology instructors
from ASC3 and learn some basics
about your smartphone!

Where: Cafe

When: Friday, October 18

Time: 11:30 a.m. - 12:30 p.m.



AEROBIC LINE DANCE



HOSTED BY

Connect NGA



BEGINNERS & ADVANCED



DATE: Friday, October 18

TIME: 2 p.m. - 3 p.m.

WHERE: Cafe



We Can Help



You MUST sign up in advanced. See Barton Staff to sign up for a 15-minute slot.

Sign Up to receive Free One-on-One Tech Support with IConnect

**Date: Tuesday, October 22
Time: 2 p.m. - 4 p.m.
Where: Cafe**

- Questions on your new device?
- Need help downloading games or apps?
- Want to know how to check or send email?
- Want to watch a movie on your tablet?
- Questions on saving pictures?
- Trouble with storage?





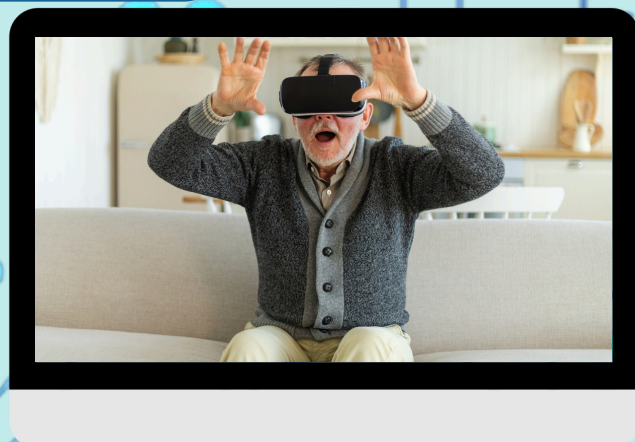
Date: Tues., Oct. 29

Time: 1 p.m. - 2 p.m.

Place: Cafe

JOIN US FOR OUR **TECH PLAYGROUND!**

Participants are introduced to a variety of technology. This includes : Oculus- Virtual Reality Headset; Cricut Machine- electronic cutting machine used for a variety of projects; Aibo Dog- Artificial Intelligent Robot Dog, 3D printer- design a project to be printed out and distributed later and 3D Printer pens - draw in 3D!



Attention Barton Center Crafters!!

We are gauging interest in a holiday craft show. We are gathering information to see if this is feasible for 2024.

If this is something you are interested in, please see a Barton staff member.



Community Member Group Activities

Coffee With Friends

When: Every Saturday

Time: 9 a.m. - 11 a.m.

Where: Cafe

Enjoy some coffee and get to know someone new!



Stories On Paper

When: Wednesday,
October 16

Time: 10 a.m. - 12 p.m.



Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story that can be shared with the group. Come write and chat with us!

Book Club

When: Wednesdays, October 2 & 16

Where: Craft Room

Time: 1 p.m. - 3 p.m.

with Christina



Lakewood Public Library:

Homebound Service

When: Every Tuesday

Time: 10:30 a.m. - 12 p.m.



Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on your crafts!



Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.

To be greener, we encourage residents to bring their own mugs for coffee.



Friday Trivia

When: Friday, October 25

Time: 2 p.m. - 3 p.m.

Where: Cafe



Rummikub Game Play

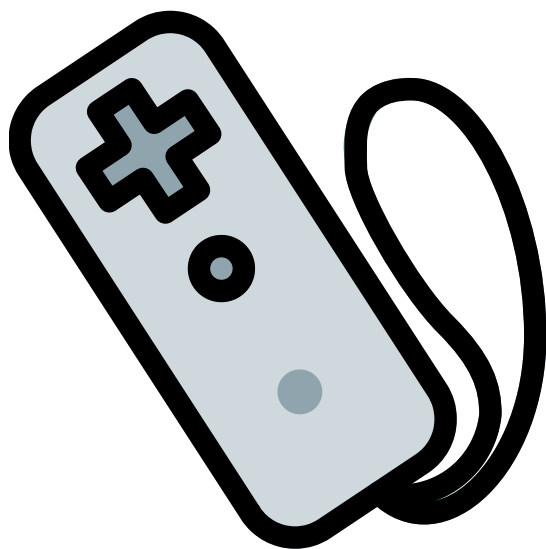
When: Every Friday

Where: Cafe

Time: 10 a.m. - 12 p.m.

Join residents in the Cafe every Friday to play Rummikub!

Everyone is welcome!



Wii Bowling

When: Wednesdays,
October 2 & 16

Time: 2 p.m. - 3 p.m.

Where: Cafe

Sign up to bowl with Barton staff or on the sign-up sheets outside the offices!

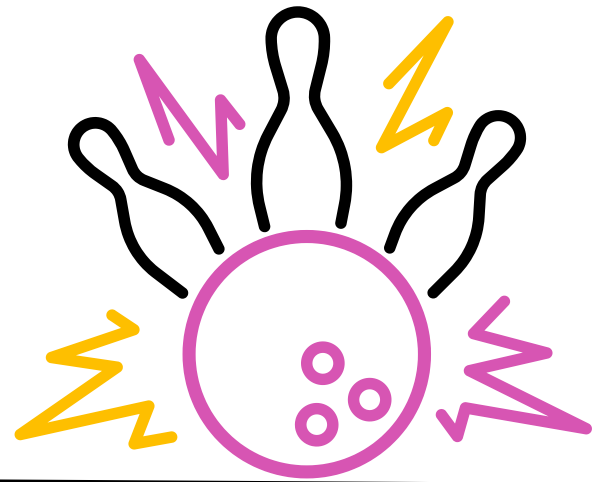
Tabletop Bowling

When: Wednesdays, October 9 & 23

Time: 1 p.m. - 2:30 p.m.

Where: Carr Lounge

Sign up to bowl with Barton staff or on the sign-up sheets outside the offices!



Beginner's Spanish Class

When: Every Tuesday

Time: 3 p.m. - 4 p.m.

Where: Community Room

Join Irene & Esteban to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.

¡HOLA!

Karaoke

When: Saturdays, October 5 & 19

Time: 6:30 p.m. - 8 p.m.

Where: Cafe
with Ron Walden



Janis & Tony

When: Sundays,
October 13 & 27

Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!

Janis & Peter



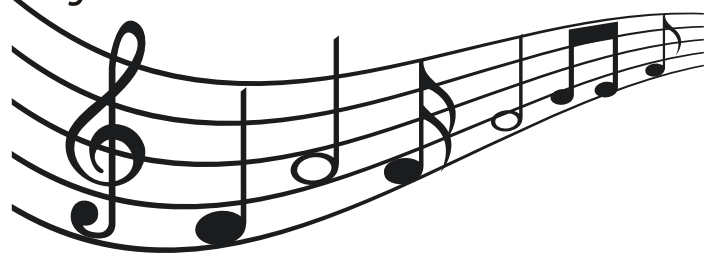
When: Thursdays,
October 10 & 24

Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis plays the piano and Peter plays the violin.

All are welcome!



Creative

Therapy Activities



Music Therapy

When: Every Thursday

Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room
with Gavin

Art Therapy

When: Every Monday

Time: 4 p.m. - 5:30 p.m.

Where: Community Room
with K.D.



Religion & Worship Activities



Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room
with Ms. Tyburski

Bible Study

When: Wednesdays,
October 9 & 23

Time: 11 a.m. - 12:30 p.m.

Where: Community Room
with Ron Walden



Lakewood Community Activities

Lakewood Black Caucus

When: Saturday, October 19

Time: 12 p.m. - 2 p.m.

Where: Lakewood
Presbyterian Church

with Ms. Wellborn & Ms. Hill

Enter in the rear of the church. FREE parking.

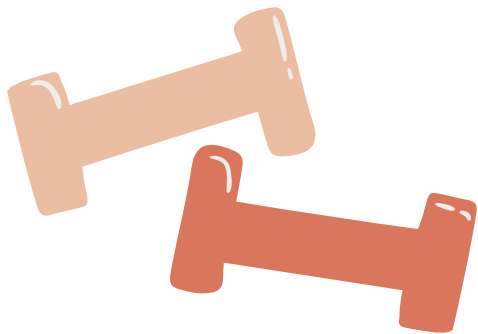


Health & Wellness

Activities

Movement & Lightweights

Class w/ Cat



When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Greenhouse

Participants will be given 1 lb or 2 lb weights in this seated class.

Tai Chi w/ Jan

When: Every Thursday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse



Wellness Center Offerings

**Dr. Mark Massie
Podiatrist**

When: Every 3rd
Thursday

Time: 9 a.m. - 3 p.m.

By appointment ONLY
216-402-4233



**Anthony Lima
Licensed Massage
Therapist**

By appointment ONLY

Call or Text:
216-704-0794

Email:
GITmassage@hotmail.com



Barton Center

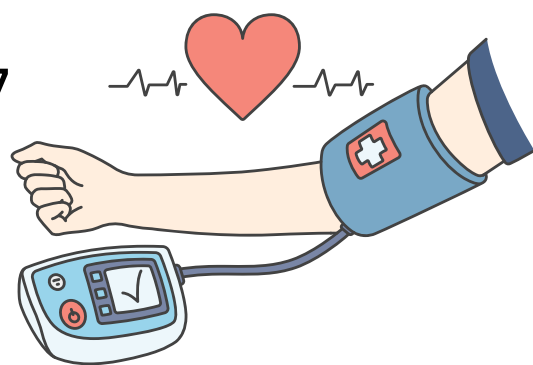
Wellness Corner

Neighborhood Paramedic Blood Pressure and Glucose Checks with Oliver Harper

When: Thursday, October 17

Time: 11 a.m. - 12 p.m.

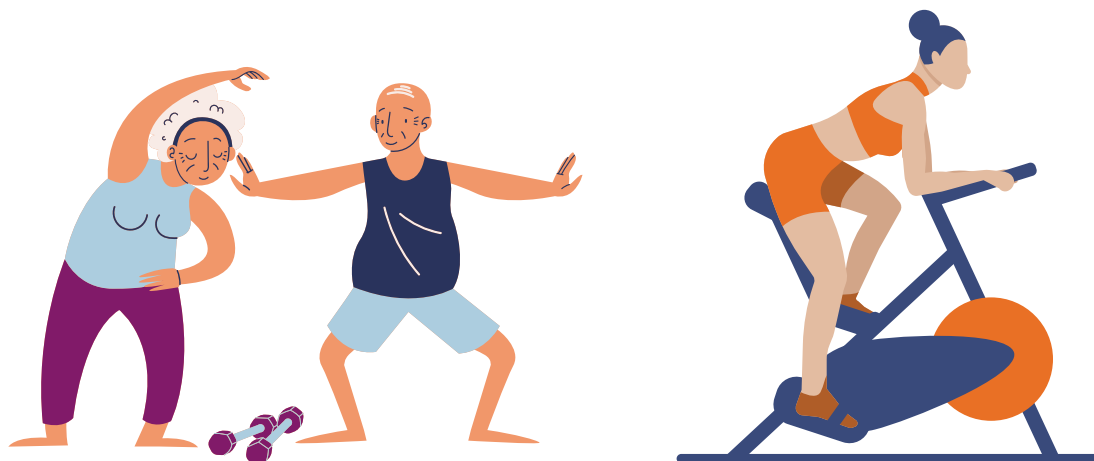
Where: Cafe



Fitness Center

OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



Barton Center

Transportation Services



(216) 221-4282

COST: \$2 one-way \$4 roundtrip

Monday - Friday 9 a.m. - 11:15 a.m.

1 p.m. - 3:15 p.m.

Must book in ADVANCE

South of Lorain Road Trip: Wednesday,
October 9

Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.**

You must be on time for your ride, or the car will leave without you!!

Barton transportation reserves the right to refuse rides based on resident behavior .



Health Insurance for Seniors, LLC
MICHELLE WALDRON

Meet with Michelle Waldron, an insurance agent to review your current Medicare plan and review the benefits for 2025.

Date: Thursday, November 14, 2024
Tuesday, December 3, 2024

Time: 9:00 am-5:00 pm

Place: Barton Center Wellness Center

If you are interested, please contact your Service Coordinator to sign up for a slot.



Vaccine Clinic

Marc's will be coming to offer flu shots, COVID, Booster, RSV, & Shingles shots. Please contact or see your Service Coordinator with your insurance card if you are interested.

Date: Monday, October 7

Time: 10 a.m. - 1 p.m.

Place: Rotunda

A Passport to a Healthier YOU!

Join **VNA of Ohio** at our Therapy Screening Fair and stamp your passport to a healthier YOU! Participants will receive a VNA Passport to participate in various events that will help test your strength, balance, and other health factors. You will also get the chance to meet the therapists from VNA of Ohio that work with residents of The Westerly and ask them questions about ways to keep you strong, health, and safe at home!



When: Tuesday, October 8

Time: 1-3 p.m.

Where: Cafe

Participants who complete all the activities and have a fully stamped VNA Passport will be entered in a raffle drawing for prizes!





SCHOOL OF DENTAL MEDICINE

CASE WESTERN RESERVE
UNIVERSITY

“Can the CWRU School of Dental Medicine
Provide Services to You at the
Westerly Apartments?”

When: Friday, October 11

Where: Brosky Commons

Time: 10:30 a.m.

Senior students provide services
with supervision by a licensed dentist.

Aeysha Kisner, Dental Assistant
will be available to answer your questions!

Westerly Service Coordinators bring you:

The FBI



Presenter: The FBI- Special Agent Olasz

Date: Tuesday, October 15

Location: The Auditorium

Time: 1:30 p.m. - 2:30 p.m.

Free Giant Eagle Gift Card

Program Objectives

- Identify what the FBI does
- Identify different kinds of scams targeting the elderly

WESTERLY SERVICE COORDINATORS BRING YOU...

WHAT'S THAT SCENT?

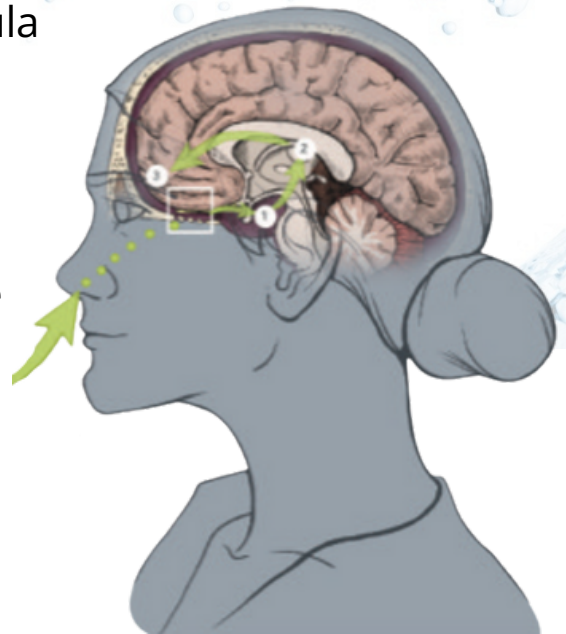
ascents®
by aeroscena

It's clinically engineered neuro-relaxation.

The natural fragrance blend you are experiencing is designed to quickly help calm people's nerves.

Through this scent, Ascents® Calm formula is interacting with your central nervous system to produce a relaxing & soothing feeling, without side effects.

So take a good 6 second breath through your nose, and let the power of fragrance ease you through your appointment...



Recommended by Doctors, Used by Hospitals®

AROMATHERAPY

When: Thursday, October 17

Time: 1:30 p.m. - 2:30 p.m.

Where: Cafe

Ascents® products were developed for use in healthcare environments in order to deliver consistent doses of clinical-grade aromatherapy

aeroscena