

THE BARTON CENTER
JANUARY
NEWSLETTER
2025



BARTON
COMMUNITIES
ACTIVITY CENTER

216-221-3400
14300 DETROIT AVE.
LAKEWOOD, OH 44107

WWW.BARTONCOMMUNITIES.ORG

BARTON CENTER CONTACTS



Allison

Executive Director

216-521-7260 ext. 128

aurbanek@bartoncommunities.org

Christina

Lead Activities Coordinator

216-221-3400 ext. 136

cstover@bartoncommunities.org

Alex

Activities Coordinator

216-221-3400 ext. 132

astevens@bartoncommunities.org



Rachel

Activities Coordinator

216-221-3400 ext. 134

rdawson@bartoncommunities.org



**Barton offices will be closed on
Wednesday, January 1 and Monday,
January 20.**

**Would you like the newsletter delivered to
your email each month?**

See Christina or email her at:

cstover@bartoncommunities.org

BARTON CENTER SHOPS

The Library

Hours: Monday - Friday
9 a.m. - 8 p.m.
Key FOB Entry

Salon & Barber Shop

Hours: Thursdays & Fridays
9 a.m. - 2 p.m.
Call: Chris Fordyce to schedule
appointment.
(216) 287-6634

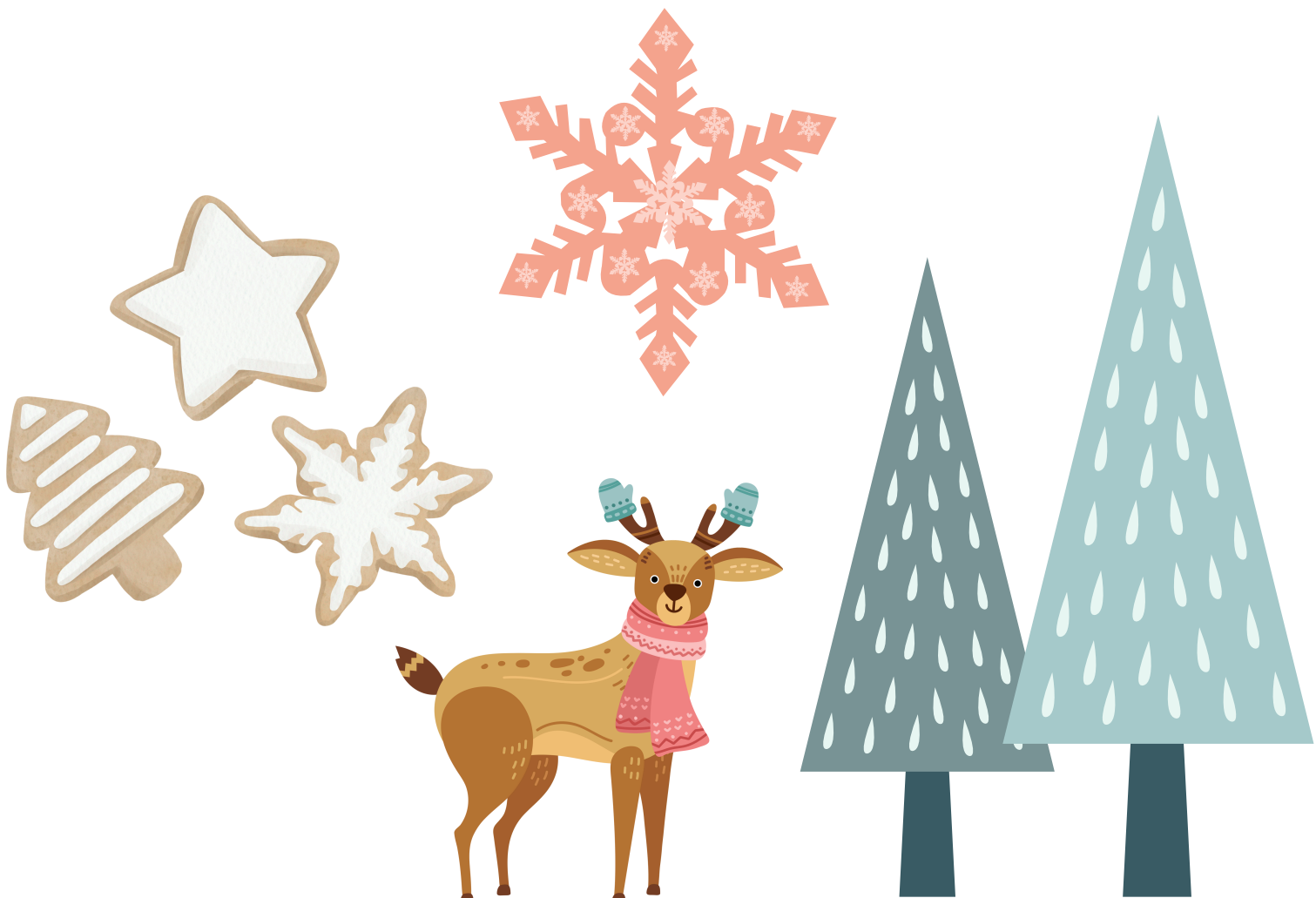
The Corner Store

Hours: Monday 10 a.m. - 12 p.m.
Tuesday - Thursday 10 a.m. - 3 p.m.

Hodge Podge Resale Shop

Hours: Tuesdays & Thursdays
9:30 a.m. - 2:30 p.m.

Hours: Monday 10 a.m. - 12 p.m.
& Wednesday 9 a.m. - 2:30 p.m.



\$7 Lunch Delivery

Residents can choose from two options that will be delivered each Thursday at 11:30 a.m.

Residents are required to pre-pay for meals by 12 p.m. noon on Tuesday each week.

Meals can be prepaid at The Corner Store.

January 9 Menu:

BBQ chicken sandwich, potato salad, baked beans, and chocolate chip cookie.

January 16 Menu:

Chicken pesto flatbread pizza (7"), green side salad w/ ranch dressing, cup of fruit, chocolate chip cookie.

January 23 Menu:

Swedish meatballs, buttered and parsleyed egg noodles, steamed green beans, crudité w/ dip, and spice cake w/ caramel buttercream.

January 30 Menu:

White bean & chicken chili, apple coleslaw, freshly baked corn muffin, and caramel apple blondie.



January Movie Days

Vote for your pick in the Carr Lounge. Popcorn is provided at each movie!

THERE WILL BE A MOVIE ON THURSDAY, JANUARY 2.

NO MOVIE ON MONDAY, JANUARY 20.

Pink Panther vs. Get Smart

When: Thursday, January 2

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



Singing in the Rain vs. Can Can

When: Monday, January 6

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

Boycott

When: Monday, January 13

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

Tells the story of the Montgomery bus boycott.



Wham! vs. Return of the King

When: Monday, January 27

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

January Crafts

Pressed Flower Snowflakes

When: Thursday, January 9

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Tea Light Snowmen

When: Thursday, January 16

Where: Craft Room

Time: 1 p.m. - 3 p.m.

Tie Dye

When: Thursday, January 23

Where: Community Room

Time: 1 p.m. - 3 p.m.



Tree of Life

When: Thursday, January 30

Where: Craft Room

Time: 1 p.m. - 3 p.m.

Residents MUST pre-register for ALL crafts on the Craft Room door.
See Barton Staff with questions!

January Activities



Budgeting & Scam Prevention Presentation

When: Thursday, January 9

Where: Cafe

Time: 1 p.m. - 2 p.m.

Join us in the cafe for a presentation from Dollar Bank. All are welcome!



Food Box Distribution -

Cleveland Food Bank

When: Friday, January 10

Where: Cafe

Time: 10 a.m. - 2 p.m.

You must pre-register.

Contact: Christina at (216) 221-3400 ext. 136



Art Unveiling: Featuring

Nancy Vanderstein

When: Friday, January 17

Where: Cafe

Time: 11 a.m. - 12 p.m.

Join us in the Cafe for a special art unveiling featuring a masterpiece done by resident, Nancy Vanderstein!

January Birthdays & Trivia

When: Friday, January 17

Where: Cafe

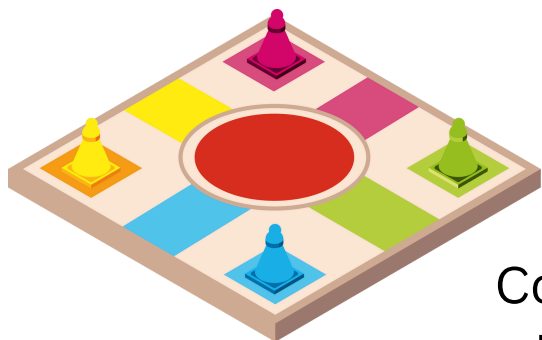
Time: 3 p.m. - 4 p.m.

Join us in the Cafe for cake and trivia!

All are welcome!



January Activities



Board & Card Game Day

When: Tuesday, January 21

Where: Cafe

Time: 1 p.m. - 3 p.m.

Come join us in Cafe to play card and board games with staff and friends!

Seated Rhythms & Seated Tap Classes

When: Mondays, January 6 & 13

Where: Greenhouse

Time: 11 a.m. - 11:45 a.m.

Join us in the Greenhouse for seated dance and tap classes. All are welcome!



Prize Bingo

When: Wednesday, January 15

Where: Cafe

Time: 1 p.m. - 2 p.m.

Come join friends and win fun prizes!

M2B2 Band Rehearsals

When: Thursdays, January 9 & 23

Where: Faulhaber Auditorium

Time: 7 p.m. - 9 p.m.

All are welcome!





Free Hearing & Hearing Aid Checks

When: Monday, January 6

Time: 10 a.m. - 4 p.m.

Where: Wellness Center

Call now to schedule your appointment!

Earl Gentile - 440-333-3271

Barton Center Raffle Contest:

Bring a friend to a Barton Center activity in January and each time, you will both be entered into a raffle with exciting prizes!

Raffle Prizes include:

- Lunch with Staff
 - Gift Cards
 - Pick a movie for Movie Monday's
 - Gift Certificate for the Corner Store
- AND MORE!**





Outdoor Gardens 2025!



for new gardeners only!

Anyone interested in a garden plot this year,
(only if you have not had a garden in
previous years), please reach out to

Nancy:

Text only!!
216-956-3599

Leave a note at
apartment 839 in
the North building
with your name and
phone number.



BARTON
COMMUNITIES
ACTIVITY CENTER



AEROBIC LINE DANCE



HOSTED BY

Connect NGA



BEGINNERS & ADVANCED



DATE: Friday, January 24

TIME: 2:30 p.m. - 3:30 p.m.

WHERE: Cafe





Nature Pam presents...

Mesa Verde National Park: A City Lost in Time



Join Nature Pam in the Cafe to learn about this beautiful National Park. Free lunch is provided!

*Where: Cafe
When: Monday,
January 27
Time: 12 p.m. - 1 p.m.*

*Please RSVP to Barton
Center Offices by
Wednesday, January
22 to receive a free
lunch with the
program!*



We Can Help



You MUST sign up in advanced. See Barton Staff to sign up for a 15-minute slot.

Sign Up to receive Free One-on-One Tech Support with IConnect

**Date: Tuesday, January 28
Time: 2 p.m. - 4 p.m.
Where: Cafe**

- Questions on your new device?
- Need help downloading games or apps?
- Want to know how to check or send email?
- Want to watch a movie on your tablet?
- Questions on saving pictures?
- Trouble with storage?



Center Member Group Activities

Coffee With Friends



When: Every Saturday

Time: 9 a.m. - 11 a.m.

Where: Cafe

Enjoy some coffee and get to
know someone new!

Stories On Paper

When: Wednesdays,
January 15 & 22

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story that can be shared with the group. Come write and chat with us!



Book Club

When: Wednesdays,
January 8 & 22

Time: 1 p.m. - 3 p.m.

Where: Craft Room



Lakewood Public Library: Homebound Service



When: Every Tuesday

Time: 10:30 a.m. - 12 p.m.

Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on
your crafts!



Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.

To be greener, we encourage residents to bring
their own mugs for coffee.



Friday Trivia

When: Friday, January 31

Time: 2 p.m. - 3 p.m.

Where: Cafe



Beginner's Spanish Class

When: Every Tuesday

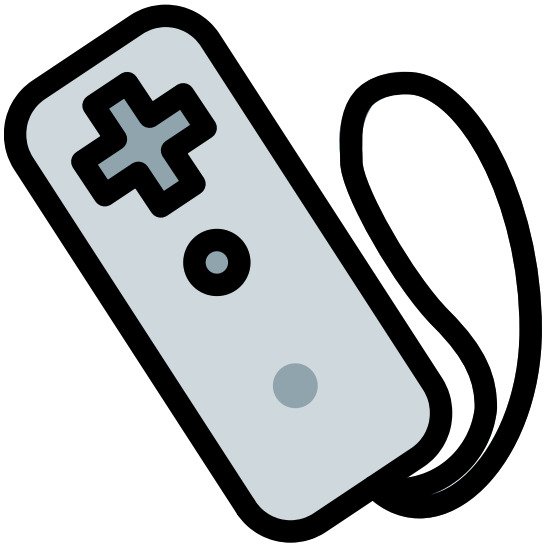
Time: 3 p.m. - 4 p.m.

Where: Community Room

Join Irene & Esteban to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.



¡HOLA!



Wii Bowling

When: Wednesdays,
January 15 & 29

Time: 2 p.m. - 3 p.m.

Where: Cafe

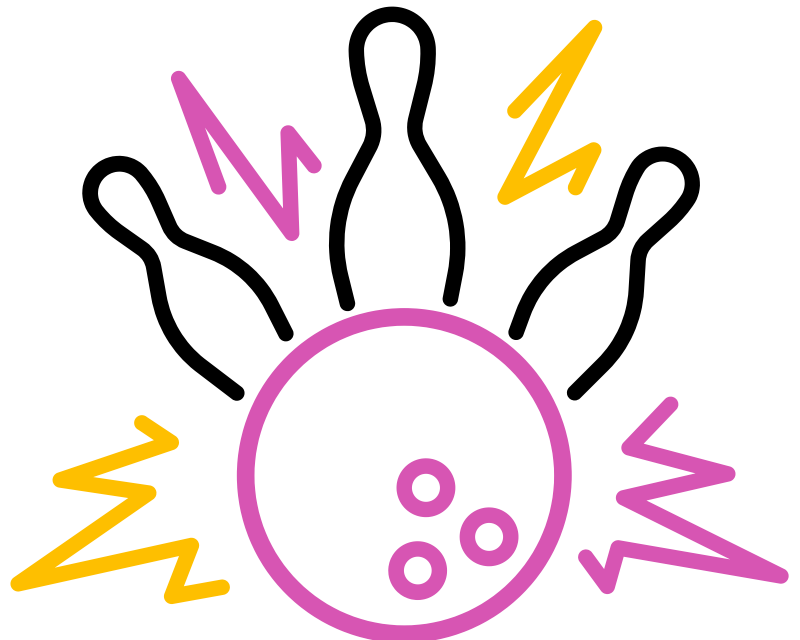
On 1/29, bowling will be happening from
3-4 p.m..

Tabletop Bowling

When: Wednesdays, January 8 & 22

Time: 1 p.m. - 2 p.m.

Where: Cafe



Janis & Tony

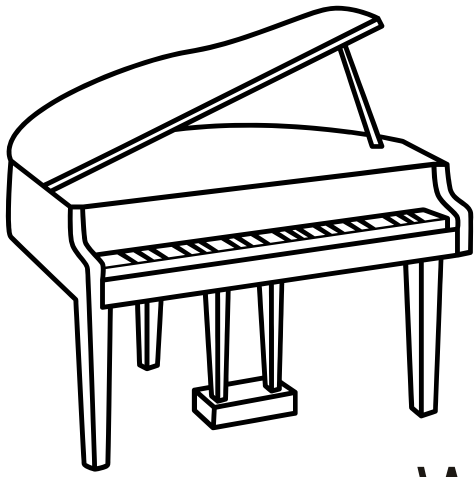
When: Sundays,
January 12 & 26

Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!



Janis & Peter

When: Thursdays,
January 2 & 16

Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis plays the piano and Peter plays the violin.

All are welcome!



Karaoke

When: Saturdays, January 4 & 18

Time: 6:30 p.m. - 8 p.m.

Where: Cafe
with Ron Walden



Creative

Therapy Activities

Music & Memories Class

When: Every Thursday

Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room
with Gavin



Art Therapy

When: Every Monday

Time: 4 p.m. - 5:30 p.m.

Where: Craft Room with K.D.

NO CLASS ON MONDAY, JANUARY 20.



Religion & Worship Activities

Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room
with Ms. Tyburski



Bible Study

When: Wednesdays,
January 8 & 22

Time: 11 a.m. - 12:30 p.m.

Where: Community Room
with Ron Walden



Lakewood

Community Activities

Lakewood Black Caucus

When: Saturday, January 18

Time: 12 p.m. - 2 p.m.

Where: Lakewood
Presbyterian Church
with Ms. Hill

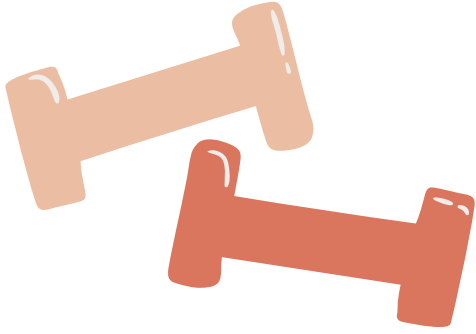


Enter in the rear of the church. FREE parking.

Health & Wellness

Activities

Movement & Lightweights Class



When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Greenhouse

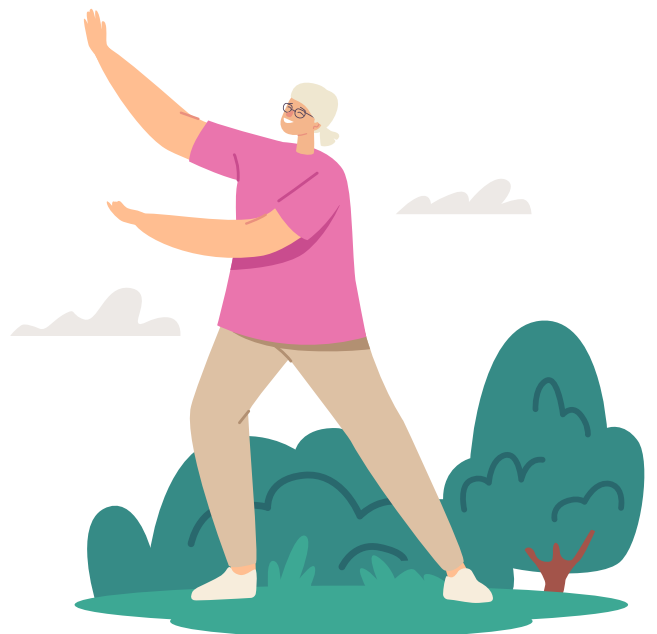
Participants will be given 1 lb or 2 lb weights in this seated class.

Tai Chi w/ Jan

When: Every Thursday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse



Wellness Center Offerings

**Dr. Mark Massie
Podiatrist**

When: Every 3rd
Thursday

Time: 9 a.m. - 3 p.m.

By appointment ONLY
216-402-4233



**Anthony Lima
Licensed Massage
Therapist**

By appointment ONLY

Call or Text:
216-704-0794

Email:
GITmassage@hotmail.com



Barton Center

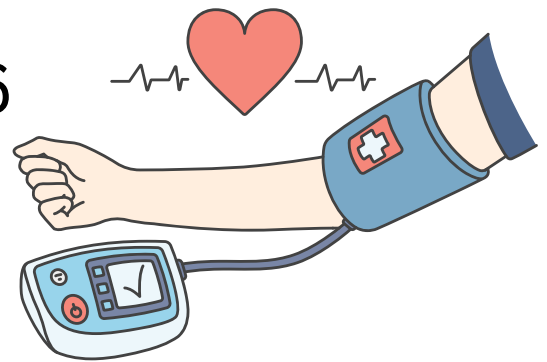
Wellness Corner

Neighborhood Paramedic Blood Pressure and Glucose Checks with Oliver Harper

When: Thursday, January 16

Time: 11 a.m. - 12 p.m.

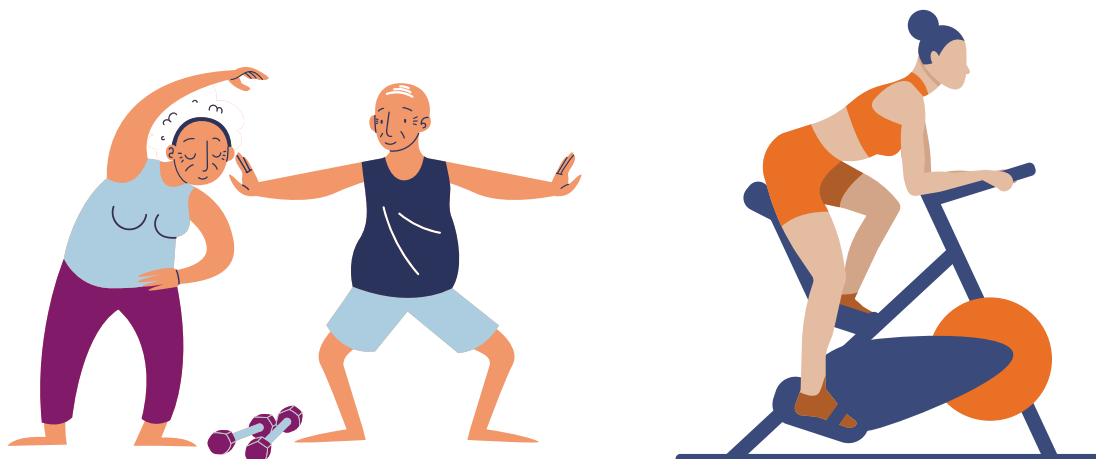
Where: Cafe



Fitness Center

OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



Barton Center

Transportation Services



(216) 221-4282

COST: \$2 one-way \$4 roundtrip

Monday - Friday 9 a.m. - 11:15 a.m.

1 p.m. - 3:15 p.m.

Must book in ADVANCE

Westgate Trip:

Wednesday, January 15

Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.**

You must be on time for your ride, or the car will leave without you!!

Barton transportation reserves the right to refuse rides based on resident behavior.

Please join the Service Coordinators with
Welcoming...



Oliver Harper, Neighborhood Paramedic
And Friends

“Questions & Answers”

January 17th

1 pm to 2 pm

Cafe

RAFFLE! RAFFLE! RAFFLE!



McGregor PACE Presentation

Please join the Service Coordinators with a:

Meet and Greet Presentation
Hosted by Brandon Waugh
from McGregor PACE

“Program of All-Inclusive Care for the Elderly
Working with Both
Medicare & Medicaid”

When: January 24 at 1:30 p.m.
Where: Cafe

Drinks and snacks will be provided!

RAFFLE! RAFFLE! RAFFLE!

McGregor
PACE

Forrest Hill • Warrensville Heights • Brooklyn
Program of All-inclusive Care for the Elderly is a community-
based program enabling older adults to remain among
familiar surroundings while receiving the help they need.

LIVE AT HOME. Your Goal. Our Priority!