

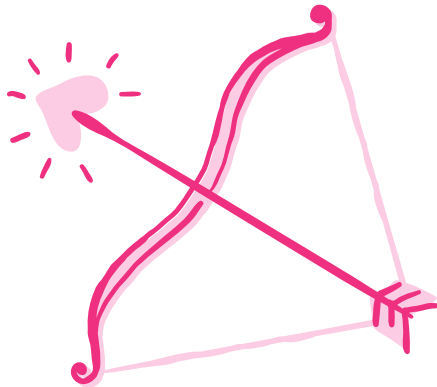
THE BARTON CENTER  
**FEBRUARY**  
**NEWSLETTER**  
*2025*



**216-221-3400**  
**14300 DETROIT AVE.**  
**LAKEWOOD, OH 44107**

**[WWW.BARTONCOMMUNITIES.ORG](http://WWW.BARTONCOMMUNITIES.ORG)**

# BARTON CENTER CONTACTS



**Allison**

**Executive Director**

216-521-7260 ext. 128

[aurbanek@bartoncommunities.org](mailto:aurbanek@bartoncommunities.org)

**Christina**

**Lead Activities Coordinator**

216-221-3400 ext. 136

[cstover@bartoncommunities.org](mailto:cstover@bartoncommunities.org)

**Alex**

**Activities Coordinator**

216-221-3400 ext. 132

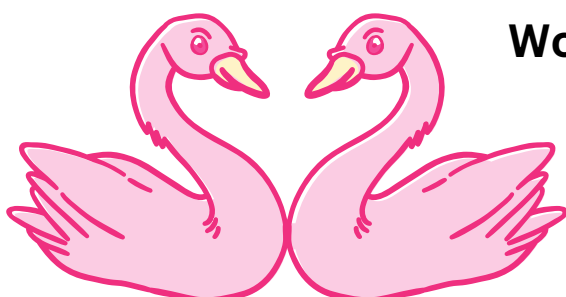
[astevens@bartoncommunities.org](mailto:astevens@bartoncommunities.org)

**Rachel**

**Activities Coordinator**

216-221-3400 ext. 134

[rdawson@bartoncommunities.org](mailto:rdawson@bartoncommunities.org)



**Would you like the newsletter delivered to your email each month?**

**See Christina or email her at:**

**[cstover@bartoncommunities.org](mailto:cstover@bartoncommunities.org)**

# BARTON CENTER SHOPS

## The Library

Hours: Monday - Friday  
9 a.m. - 8 p.m.  
Key FOB Entry

## The Corner Store

Hours: Monday 10 a.m. - 12 p.m.  
Tuesday - Thursday 10 a.m. - 3 p.m.

## Book Nook

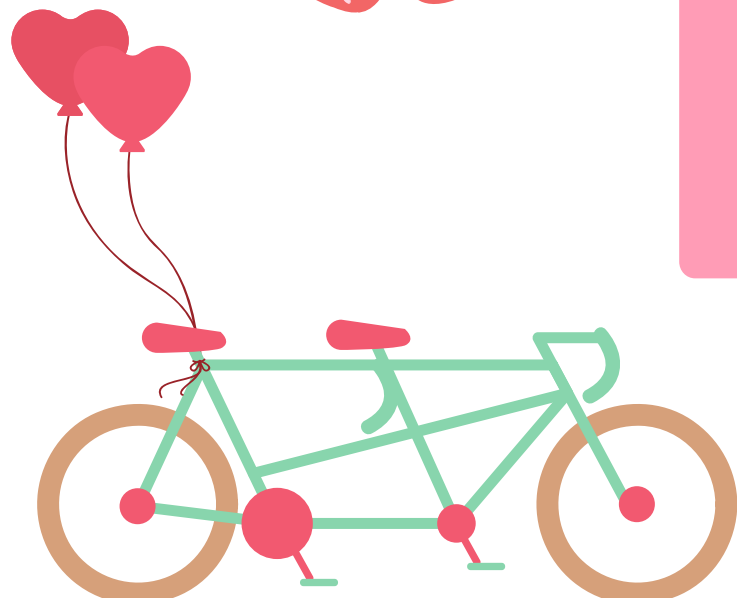
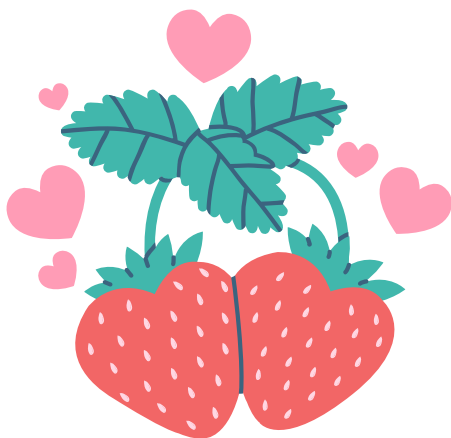
Hours: Tuesdays & Thursdays  
9:30 a.m. - 2:30 p.m.

## Salon & Barber Shop

Hours: Thursdays & Fridays  
9 a.m. - 2 p.m.  
Call: Chris Fordyce to schedule  
appointment.  
**(216) 287-6634**

## Hodge Podge Resale Shop

Hours: Monday 10 a.m. - 12 p.m.  
& Wednesday 9 a.m. - 2:30 p.m.



# \$7 Lunch Delivery

Residents can choose from two options that will be delivered each Thursday at 11:30 a.m.

Residents are required to pre-pay for meals by 12 p.m. noon on Tuesday each week.

**Meals can be prepaid at The Corner Store.**

## **February 6 Menu:**

White bean & chicken chili, apple coleslaw, freshly baked corn muffin, and caramel apple blondie.

## **February 13 Menu:**

Soft beef taco w/ cheese, pickled cucumbers, Mexican rice, seasoned pinto beans, and Mexican tea cakes.

## **February 20 Menu:**

Grilled cheese sandwich, tomato basil soup, green salad w/ Italian dressing, and truffle bar brownie.

## **February 27 Menu:**

Spaghetti w/ meat sauce, garlic & rosemary focaccia, chopped salad w/ Italian dressing, and snickerdoodle.



# February Movie Days

Vote for your pick in the Carr Lounge. Popcorn is provided at each movie!

## King Richard vs. 42

When: Monday, February 3

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



## The Color Purple (2023) vs. The Wiz

When: Monday, February 10

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



## The Secret Life of Bees vs. The Color Purple (1985)

When: Monday, February 17

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



## Tina vs. Ray

When: Monday, February 24

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

# February Crafts

## Heart Shaped Garland

When: Thursday, February 6

Where: Craft Room

Time: 1 p.m. - 3 p.m.



## Wood Slice Coasters

When: Thursday, February 20

Where: Craft Room

Time: 1 p.m. - 3 p.m.

## “New Year” Collage

When: Thursday, February 27

Where: Craft Room

Time: 1 p.m. - 3 p.m.



**Residents MUST pre-register for ALL crafts on the Craft Room door.  
See Barton Staff with questions!**

# February Activities

## Food Box Distribution -

### Cleveland Food Bank

When: Friday, February 7

Where: Cafe

Time: 10 a.m. - 2 p.m.

**You must pre-register.**

**Contact:** Christina at (216) 221-3400 ext. 136



Join us in the Cafe to try staff-made soup at our 2nd Annual SOUP-er Bowl. All are welcome!

## SOUP-er Bowl

When: Monday, February 10

Where: Cafe

Time: 11:30 a.m. - 1 p.m.

## Galentine's Day Celebration

When: Thursday, February 13

Where: Cafe

Time: 1 p.m. - 3 p.m.

Join us in the Cafe for a sip & paint craft AND music bingo immediately after.

**Must sign-up with Barton Staff!**

All are welcome!



## February Birthdays & Trivia

When: Friday, February 14

Where: Cafe

Time: 2:30 p.m. - 4 p.m.

Join us in the Cafe for cake and trivia! All are welcome!

# February Activities

## Oak Street Health Presentation

When: Monday, February 17

Where: Cafe

Time: 1 p.m. - 2 p.m.

Come join us in the Cafe to learn more about their offerings. Light refreshments will be provided!

**Residents MUST sign-up with staff.**



## Seated Rhythms & Seated Tap Classes

**\*\***When: Wednesdays, February 5 & 19

Where: Greenhouse

**\*\***Time: 11:30 a.m. - 12:15 p.m.

Join us in the Greenhouse for seated dance and tap classes. All are welcome!

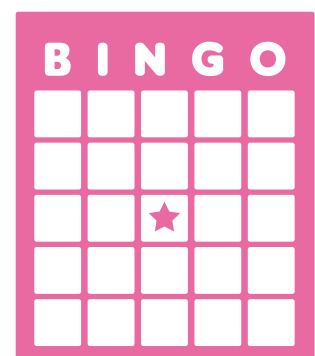
## Prize Bingo

When: Wednesdays, February 5 & 19

Where: Cafe

Time: 1 p.m. - 2 p.m.

Come join friends and win fun prizes!



## M2B2 Band Rehearsals

When: Thursdays, February 6 & 20

Where: Faulhaber Auditorium

Time: 7 p.m. - 9 p.m.

All are welcome!







# Free Hearing & Hearing Aid Checks

When: Monday, February 3

Time: 10 a.m. - 4 p.m.

Where: Wellness Center

Call now to schedule your appointment!

Earl Gentile - 440-333-3271

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## Barton Center Raffle Contest:

**Bring a friend to a Barton Center activity in February and each time, you will both be entered into a raffle with exciting prizes!**

### Raffle Prizes include:

- Lunch with Staff
  - Gift Cards
  - Pick a movie for Movie Mondays
  - Gift Certificate for the Corner Store
- AND MORE!**





# Outdoor Gardens 2025!



for new gardeners only!

Anyone interested in a garden plot this year,  
(only if you have not had a garden in  
previous years), please reach out to

Nancy:

Text only!!  
216-956-3599

Leave a note at  
apartment 839 in  
the North building  
with your name and  
phone number.



# AEROBIC LINE DANCE



**HOSTED BY**

**Connect** NGA



**BEGINNERS & ADVANCED**



**DATE:** Friday, February 21

**TIME:** 2 p.m. - 3 p.m.

**WHERE:** Cafe



# We Can Help



**You MUST sign up in advanced. See Barton Staff to sign up for a 15-minute slot.**

**Sign Up to receive Free One-on-One Tech Support with IConnect**

**Date: Tuesday, February 24  
Time: 2 p.m. - 4 p.m.  
Where: Cafe**

- Questions on your new device?
- Need help downloading games or apps?
- Want to know how to check or send email?
- Want to watch a movie on your tablet?
- Questions on saving pictures?
- Trouble with storage?



# Center Member Group Activities

## Coffee With Friends

When: Every Saturday

Time: 9 a.m. - 11 a.m.

Where: Cafe

Enjoy some coffee and get to  
know someone new!



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## Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.

To be greener, we encourage residents to bring  
their own mugs for coffee.



# Book Club

When: Wednesday, February 5

Time: 1 p.m. - 3 p.m.

Where: Craft Room



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## Lakewood Public Library: Homebound Service



When: Every Tuesday

Time: 10:30 a.m. - 12 p.m.

Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



# Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on  
your crafts!



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## Stories On Paper

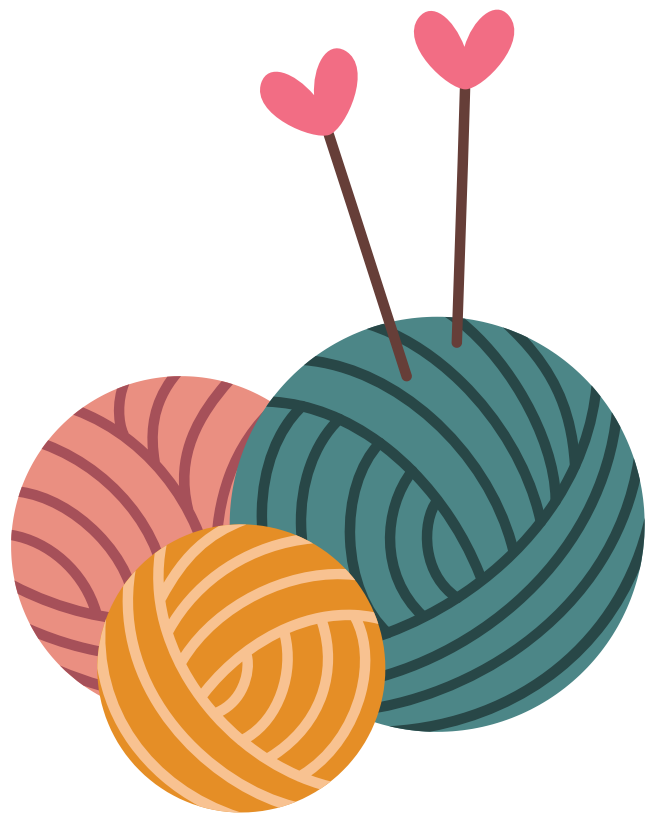
When: Wednesdays,  
February 12 & 26

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story that can be shared with the group. Come write and chat with us!





## Yarn Club

When: Every Tuesday

Where: Craft Room

Time: 1 p.m. - 3 p.m.

Join us in the Craft Room to knit or crochet. Don't know how to knit? We can teach you!

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## Friday Trivia

When: Friday, February 28

Time: 2 p.m. - 3 p.m.

Where: Cafe





# Beginner's Spanish Class

When: Every Tuesday

Time: 3 p.m. - 4 p.m.

Where: Community Room

Join Irene & Esteban to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.



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## Karaoke

When: Saturdays, February 1 & 15

Time: 6:30 p.m. - 8 p.m.

Where: Cafe  
with Ron Walden



## Janis & Tony

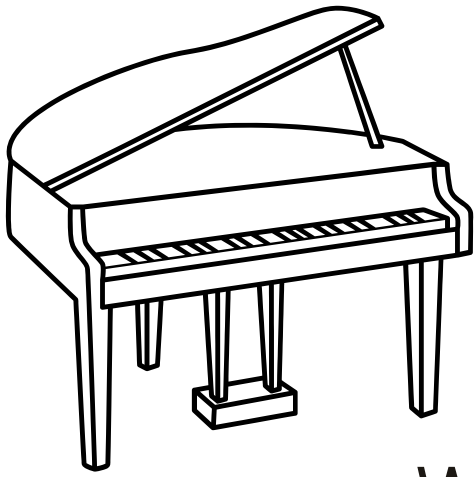
When: Sundays,  
February 9 & 23

Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!



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## Janis & Peter

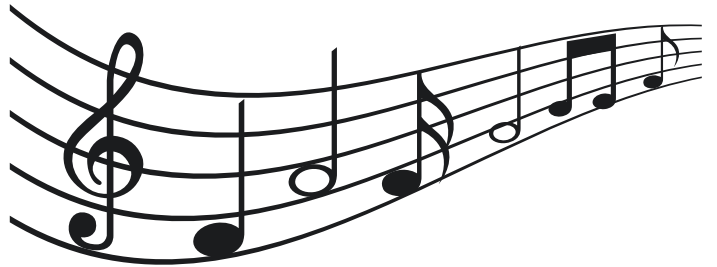
When: Thursdays,  
February 13 & 27

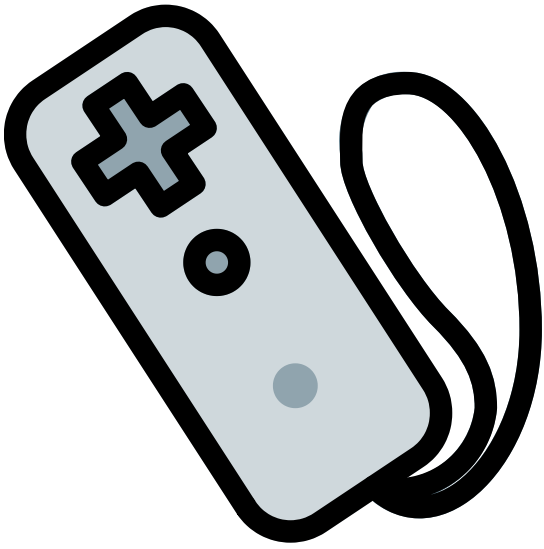
Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis plays the piano and Peter plays the violin.

All are welcome!





## Wii Bowling

When: Wednesdays,  
February 5 & 19

Time: 2 p.m. - 3 p.m.

Where: Cafe

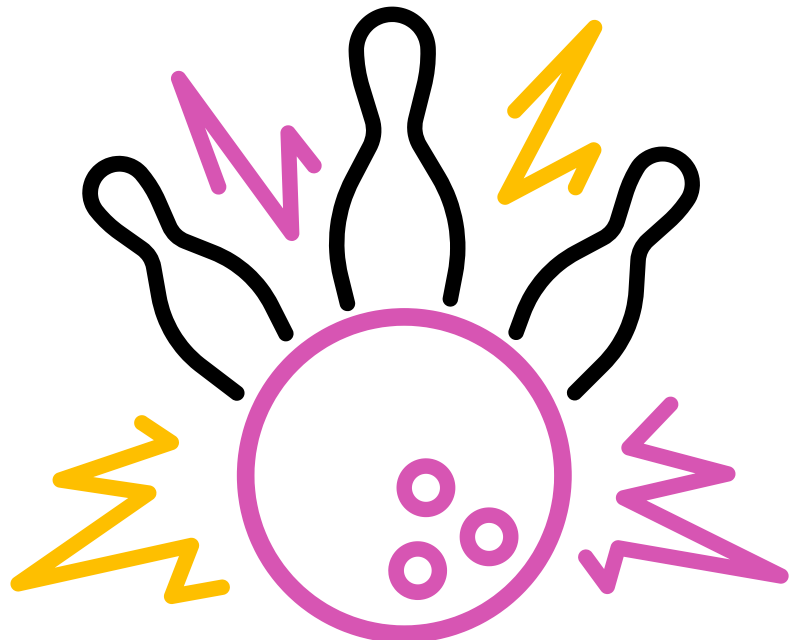
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## Tabletop Bowling

When: Wednesdays, February 12 & 26

Time: 1 p.m. - 2 p.m.

Where: Cafe



# Creative Therapy Activities

## Music & Memories Class

When: Every Thursday

Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room  
with Gavin



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## Art Therapy

When: Every Monday

Time: 4 p.m. - 5:30 p.m.

Where: Craft Room  
with Mary



# Religion & Worship

## Activities



### Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room  
with Ms. Tyburski

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### Bible Study

When: Wednesdays,  
February 12 & 26

Time: 11 a.m. - 12:30 p.m.

Where: Community Room  
with Ron Walden



# Lakewood

## Community Activities

### Lakewood Black Caucus

When: Saturday, February 15

Time: 12 p.m. - 2 p.m.

Where: Lakewood  
Presbyterian Church  
with Ms. Hill



Enter in the rear of the church. FREE parking.

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## Health & Wellness

### Activities

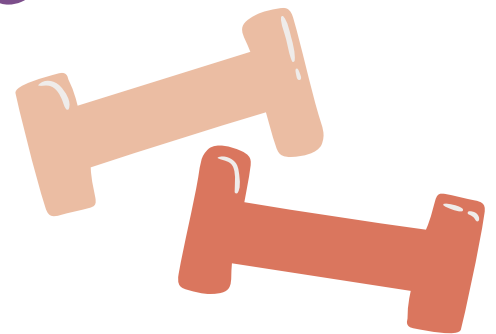
#### Movement & Lightweights Class

When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Greenhouse

Participants will be given 1 lb or 2 lb weights  
in this seated class.



# Tai Chi w/ Jan

When: Every Thursday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse



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## Balance Class *NEW!*

When: Every Monday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse



This class is designed to improve balance and lower body strength for older adults. We will focus on stability and strength exercises as well as fall prevention techniques. Using a chair for standing support, participants can safely engage in exercises promoting muscular endurance, coordination, cognitive function, and essential skills for reducing the risk of falls.

# Wellness Center Offerings

**Dr. Mark Massie  
Podiatrist**

**When:** Every 3rd  
Thursday

**Time:** 9 a.m. - 3 p.m.

By appointment ONLY  
216-402-4233



**Anthony Lima  
Licensed Massage  
Therapist**

By appointment ONLY

Call or Text:  
216-704-0794

Email:  
[GITmassage@hotmail.com](mailto:GITmassage@hotmail.com)





# Barton Center

## Wellness Corner

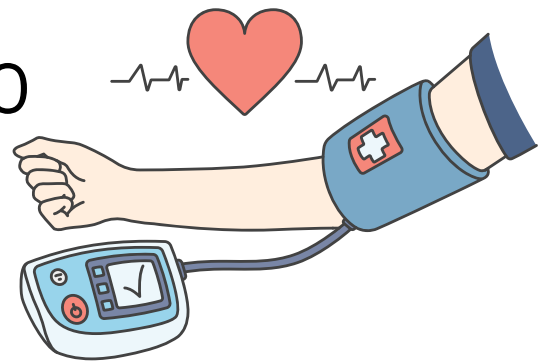
### Neighborhood Paramedic

### Blood Pressure and Glucose Checks with Oliver Harper

When: Thursday, February 20

Time: 11 a.m. - 12 p.m.

Where: Cafe

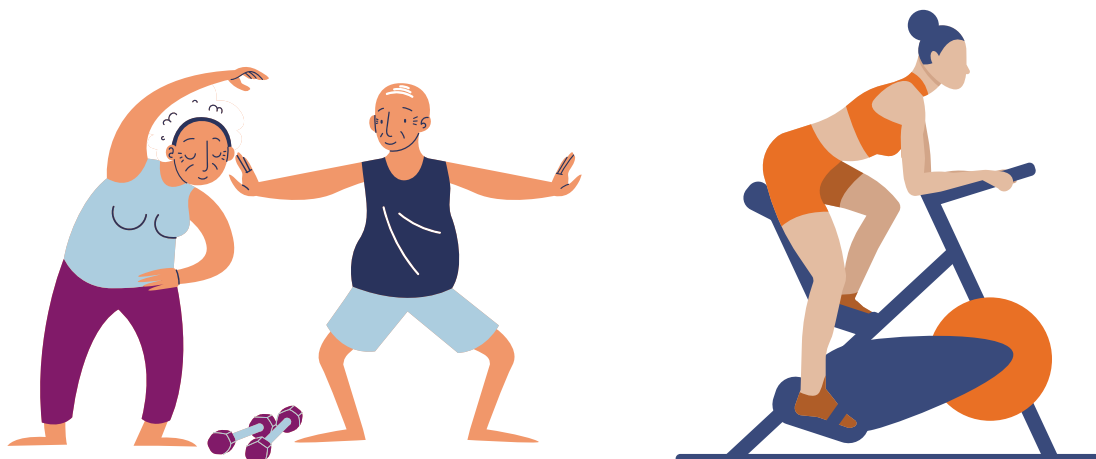


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## Fitness Center

OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



# Barton Center

## Transportation Services



**(216) 221-4282**

**COST: \$2 one-way \$4 roundtrip**

**Monday - Friday 9 a.m. - 11:15 a.m.**

**1 p.m. - 3:15 p.m.**

**Must book in ADVANCE**

**Westgate Trip:**

**Wednesday, February 12**

**Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.****

**You must be on time for your ride, or the car will leave without you!!**

**Barton transportation reserves the right to refuse rides based on resident behavior.**

*Westerly Service Coordinators bring you...*

Medicare Advantage

Open Enrollment

January 1st through March 31st



Medicare Open Enrollment starts

October 15th to December 7th

**BUT...**

Did you know you have another opportunity to  
make changes to your

Medicare Advantage Coverage?

Join us for more information

**Wednesday, February 12th, 2025**

**1 pm - 2 pm**

**Faulhaber Auditorium**

**RAFFLE! RAFFLE! RAFFLE!**

*Please join your Service Coordinators with welcoming...*



CCHAP Meals on Wheels Program  
(Crisis Chronic Health and Acute Prevention)  
Cheryl Smith, Director, and Program Manager

Collaboration Station, CCHAP Meals on Wheels  
Program Home Cooking Nutritional Therapy & A  
Member of the National Meals on Wheels Association

- Learn about the benefits of their meal Programs
- Obtain information on how to qualify

- There may be samples....

**When:** Thursday, February 20th

**Time:** 1 p.m. to 2 p.m.

**Where:** Cafe

**RAFFLE! RAFFLE! RAFFLE!**