

THE BARTON CENTER

**MARCH
NEWSLETTER**

2025



BARTON
COMMUNITIES
ACTIVITY CENTER

**216-221-3400
14300 DETROIT AVE.
LAKEWOOD, OH 44107**

WWW.BARTONCOMMUNITIES.ORG

BARTON CENTER CONTACTS



Allison

Executive Director

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aurbanek@bartoncommunities.org

Christina

Lead Activities Coordinator

216-221-3400 ext. 136

cstover@bartoncommunities.org

Alex

Activities Coordinator

216-221-3400 ext. 132

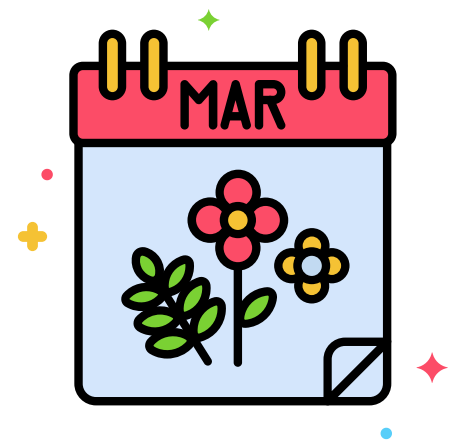
astevens@bartoncommunities.org

Rachel

Activities Coordinator

216-221-3400 ext. 134

rdawson@bartoncommunities.org



**Would you like the newsletter delivered to
your email each month?**

See Christina or email her at:

cstover@bartoncommunities.org!

BARTON CENTER SHOPS

The Library

Hours: Monday - Friday
9 a.m. - 8 p.m.
Key FOB Entry

The Corner Store

Hours: Monday 10 a.m. - 12 p.m.
Tuesday - Thursday 10 a.m. - 3 p.m.

Book Nook

Hours: Tuesdays & Thursdays
9:30 a.m. - 2:30 p.m.

Salon & Barber Shop

Hours: Thursdays & Fridays
9 a.m. - 2 p.m.
Call: Chris Fordyce to schedule
appointment.
(216) 287-6634

Hodge Podge Resale Shop

Hours: Monday 9 a.m. - 12 p.m.,
Monday 5 p.m. - 7 p.m.,
Wednesday 9 a.m. - 2:30 p.m., &
Thursday 6 p.m. - 8 p.m.



March Movie Days

Vote for your pick in the Carr Lounge. Popcorn is provided at each movie!

NO MOVIES ON 3/17 OR 3/31!

It's a Mad, Mad, Mad, Mad World vs. Rat Race

When: Monday, March 3

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



Julie & Julia vs. Eat Pray Love

When: Monday, March 10

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

Something's Gotta Give vs. The First Wives Club

When: Monday, March 24

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



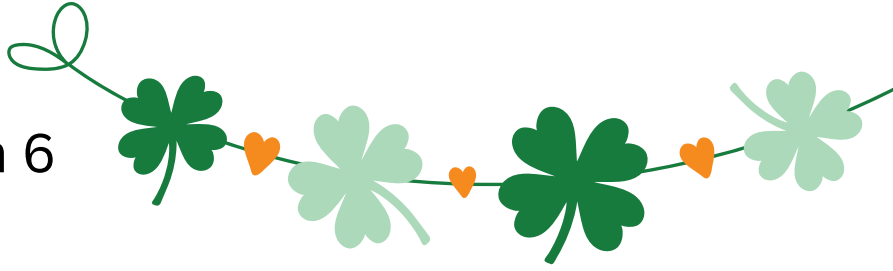
March Crafts

Shamrock Garland

When: Thursday, March 6

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Painting Plant Pots for the Greenhouse

When: Thursday, March 13

Where: Craft Room

Time: 1 p.m. - 3 p.m.



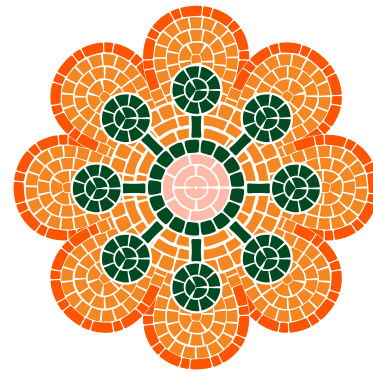
All painted pots will be returned to Barton Center for use in our Greenhouse.

Mosaic Tile Suncatchers

When: Thursday, March 20

Where: Craft Room

Time: 1 p.m. - 3 p.m.



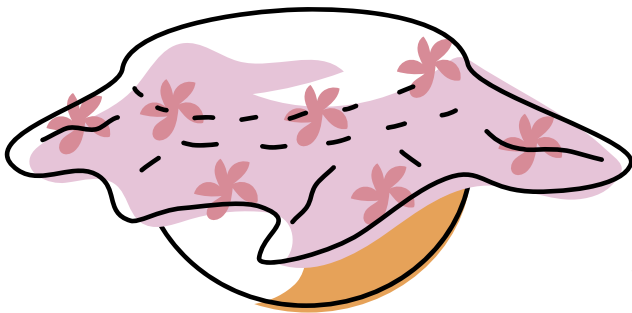
Beeswax Wraps

When: Thursday, March 27

Where: Craft Room

Time: 1 p.m. - 3 p.m.

We will be selling these at the Art Fair this summer!



Residents MUST pre-register for ALL crafts on the Craft Room door.
See Barton Staff with questions!

March Activities

Food Box Distribution -

Cleveland Food Bank

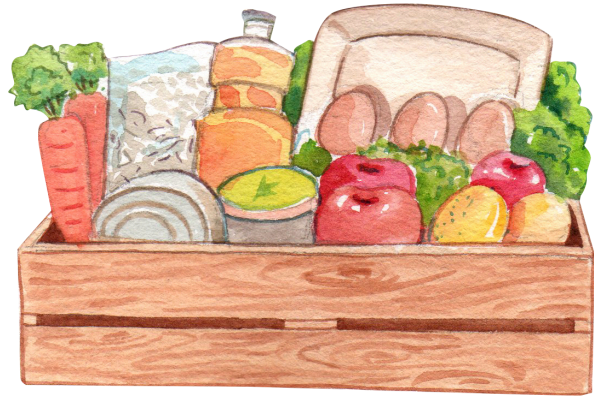
When: Friday, March 7

Where: Cafe

Time: 10 a.m. - 2 p.m.

You must pre-register.

Contact: Christina at (216) 221-3400 ext. 136



Library Quarterly Visit

When: Thursday, March 13

Where: Cafe

Time: 9 a.m. - 12 p.m.

Join us in the cafeteria and check some good books out!

March Birthdays & Trivia

When: Friday, March 14

Where: Cafe

Time: 2:30 p.m. - 4 p.m.

Join us in the Cafe for cake and trivia! All are welcome!



Girl Scout Cookie Sale

When: Saturday, March 15

Where: Cafe

Time: 10:30 a.m. - 11:30 a.m.

Join us in the Cafe to buy some yummy Girl Scout cookies!



March Activities

St. Patrick's Day Party

When: Monday, March 17

Where: Cafe

Time: 1 p.m. - 3 p.m.

Join us in the Cafe for bingo and cupcakes, courtesy of O'Neill Healthcare, and more at our St. Patrick's Day party!

Must sign-up with staff.



LGBT Center Presentation

When: Thursday, March 20

Where: Cafe

Time: 1 p.m. - 2 p.m.

Join us in the Cafe for an informational presentation about the LGBT Center and the Rainbow Pioneers Program. All are welcome!



Craft Show Conversation

When: Thursday, March 27

Where: Cafe

Time: 3 p.m. - 3:30 p.m.

Are you interested in helping to plan a craft show? Join us in the Cafe and come share your ideas!



K-9 Caring Angels Therapy Dogs

When: Tuesday, March 18

Where: Greenhouse

Time: 12 p.m. - 2 p.m.

Join us in the Greenhouse to cuddle and pet therapy dogs!



Help@Home Presentation

When: Monday, March 24

Where: Cafe

Time: 12 p.m. - 1 p.m.

Join us in the Cafe for a presentation about Help@Home and their offerings.

March Activities

Spa Day

When: Monday, March 31

Where: Community Room

Time: 2 p.m. - 4 p.m.

Come join us for a spa day! We will be making lip scrubs, show a presentation from Anthony, a licensed massage therapist, and have raffles!



Residents MUST sign-up with staff.



Seated Rhythms & Seated Tap Classes

When: Wednesdays, March 5 & 19

Where: Greenhouse

Time: 11:30 a.m. - 12:15 p.m.

Join us in the Greenhouse for seated dance and tap classes. All are welcome!

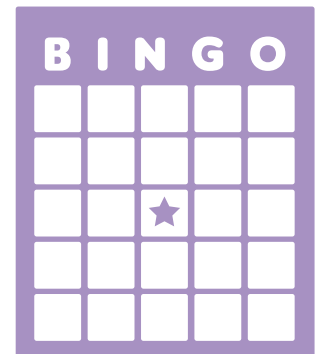
Prize Bingo

When: Wednesdays, March 5 & 19

Where: Cafe

Time: 1 p.m. - 2 p.m.

Come join friends and win fun prizes!



M2B2 Band Rehearsals

When: Thursdays, March 13 & 27

Where: Faulhaber Auditorium

Time: 7 p.m. - 9 p.m.

All are welcome!





JOIN US

+

MADE A DECISION SUNDAY



SUNDAY, MARCH 2, 2025



BOOK DISCUSSION
EVERY SUNDAY



WHEN: SUNDAY, MARCH 2, 2025
3:00 PM - 4:30 PM

WHERE: BARTON COMMUNITY CENTER
14312 DETROIT AVE
LAKEWOOD, OHIO 44107



COME TO THE REAR ENTRANCE
RING DURRAH C TO GET BUZZED IN
HEAD TO THE COMMUNITY ROOM
SURPRISE RAFFLES EVERY MEETING

**WE NEED YOUR SUPPORT COME &
CELEBRATE OUR NEW FREEDOM
(O) (NS) (H) (NO STEPS)**

CONTACT:

+

CONNIE D. (216) 333-4143



ED G. (216) 538-6636



AEROBIC LINE DANCE



HOSTED BY

Connect NGA



BEGINNERS & ADVANCED



DATE: Friday, March 21

TIME: 2 p.m. - 3 p.m.

WHERE: Cafe



We Can Help



You MUST sign up in advanced. See Barton Staff to sign up for a 15-minute slot.

Sign Up to receive Free One-on-One Tech Support with IConnect

**Date: Tuesday, March 11 & 25
Time: 2 p.m. - 4 p.m.
Where: Cafe**

- Questions on your new device?
- Need help downloading games or apps?
- Want to know how to check or send email?
- Want to watch a movie on your tablet?
- Questions on saving pictures?
- Trouble with storage?



Center Member Group Activities

Coffee With Friends

When: Every Saturday

Time: 9 a.m. - 11 a.m.

Where: Cafe

Enjoy some coffee and get to
know someone new!



Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.

To be greener, we encourage residents to bring
their own mugs for coffee.



Book Club

When: Wednesday, March 5

Time: 1 p.m. - 2 p.m.

Where: Craft Room



Lakewood Public Library: Homebound Service



When: Every Tuesday

Time: 10:30 a.m. - 12 p.m.

Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on your crafts!



Stories On Paper

When: Wednesdays,
March 12 & 26

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story that can be shared with the group. Come write and chat with us!



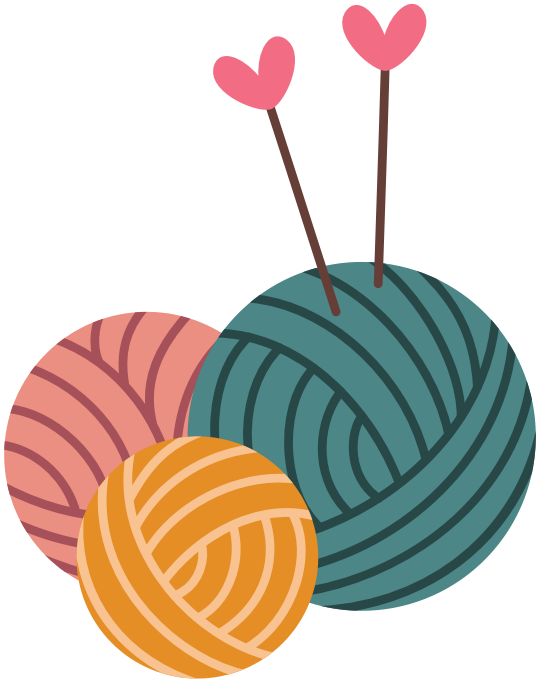
NEW! Yarn Club

When: Every Tuesday

Where: Craft Room

Time: 1 p.m. - 3 p.m.

Join us in the Craft Room to knit or crochet. Don't know how to knit? We can teach you!



Friday Trivia

When: Friday, March 28

Time: 2:30 p.m. - 3:30 p.m.

Where: Cafe



Beginner's Spanish Class

When: Every Tuesday

Time: 3 p.m. - 4 p.m.

Where: Community Room

Join Irene & Esteban to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.



Karaoke

When: Saturdays, March 1 & 15

Time: 6:30 p.m. - 8 p.m.

Where: Cafe
with Ron Walden



Janis & Tony

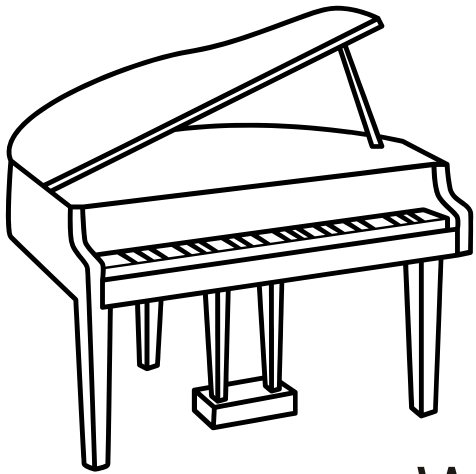
When: Sundays,
March 9 & 23

Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!



Janis & Peter

When: Thursdays,
March 6 & 20

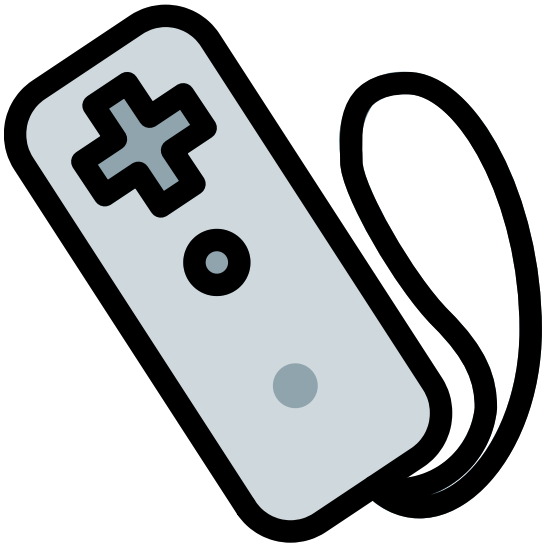
Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis plays the piano and Peter plays the violin.

All are welcome!





Wii Bowling

When: Wednesdays,
March 5 & 19

Time: 2 p.m. - 3 p.m.

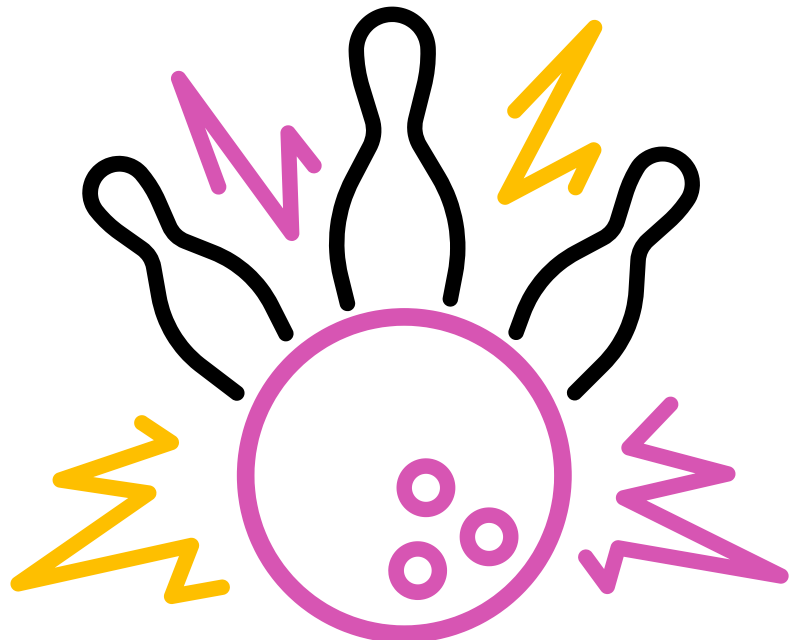
Where: Cafe

Tabletop Bowling

When: Wednesdays, March 12 & 26

Time: 1 p.m. - 2 p.m.

Where: Cafe



Creative Therapy Activities

Music & Memories Class

When: Every Thursday

Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room
with Gavin



Art Therapy

When: Every Monday

Time: 4 p.m. - 5:30 p.m.

Where: Craft Room
with Mary



Religion & Worship

Activities



Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room
with Ms. Tyburski

Bible Study

When: Wednesdays,
March 12 & 26

Time: 11 a.m. - 12:30 p.m.

Where: Community Room
with Ron Walden



Health & Wellness

Activities



Free Hearing & Hearing Aid Checks

When: Monday, March 10

Time: 10 a.m. - 4 p.m.

Where: Wellness Center

Call now to schedule your appointment!

Earl Gentile - 440-333-3271

Movement & Lightweights Class

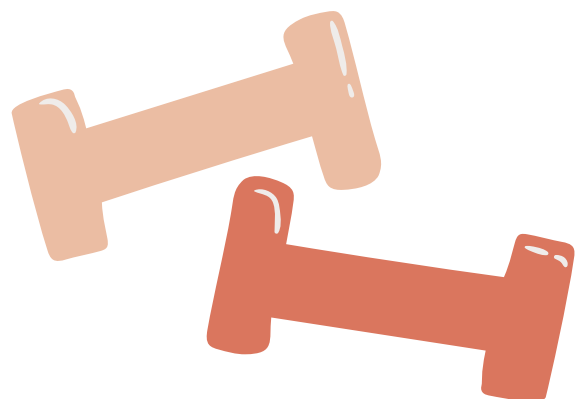
When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Greenhouse

Participants will be given 1 lb or 2 lb weights in this seated class.

NO CLASS ON 3/4.

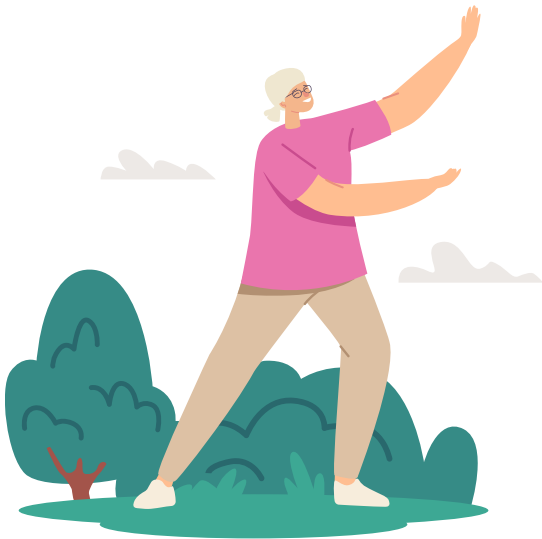


Tai Chi w/ Jan

When: Every Thursday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse



Balance Class

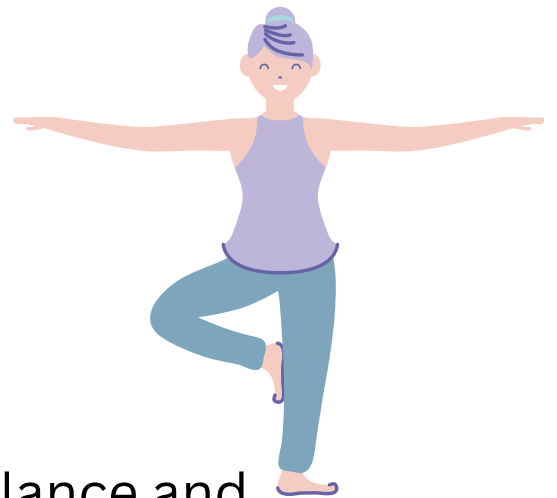
When: Every Monday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse

This class is designed to improve balance and lower body strength for older adults through chair exercise. **We will focus on stability and strength exercises as well as fall prevention techniques.**

Participants can safely engage in exercises promoting muscular endurance, coordination, cognitive function, and essential skills for reducing the risk of falls.



Wellness Center Offerings

**Dr. Mark Massie
Podiatrist**

When: Every 3rd
Thursday

Time: 9 a.m. - 3 p.m.

By appointment ONLY
216-402-4233



**Anthony Lima
Licensed Massage
Therapist**

By appointment ONLY

Call or Text:
216-704-0794

Email:
GITmassage@hotmail.com

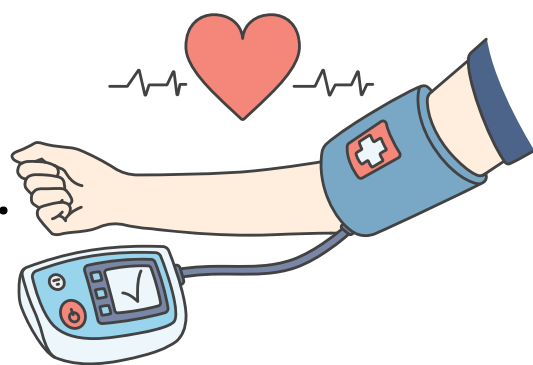


Barton Center

Wellness Corner

Neighborhood Paramedic Blood Pressure and Glucose Checks with Oliver Harper

When: Thursday, March 20
Time: 10:30 a.m. - 11:30 a.m.
Where: Cafe



Fitness Center

OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



Barton Center

Transportation Services



(216) 221-4282

COST: \$2 one-way \$4 roundtrip

Monday - Friday 9 a.m. - 11:15 a.m.

1 p.m. - 3:15 p.m.

Must book in ADVANCE

Westgate Trip:
Wednesday, April 9

Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.**

You must be on time for your ride, or the car will leave without you!!

Barton transportation reserves the right to refuse rides based on resident behavior.

WESTERLY APARTMENTS: EDUCATIONAL PRESENTATION

“Ask the Death Doula”

Wednesday
March 19th
@ 1:30pm

LET'S TALK ABOUT IT:

WHAT IS A DEATH/END-OF-LIFE DOULA

END-OF-LIFE STAGES CLARIFIED

WHAT DOES A GOOD DEATH LOOK LIKE

**END-OF-LIFE BEST PRACTICES TO
ASSIST LOVED ONES**

*in the
Barton
Center
Dining
Room*



KRISTIN MCADAMS

Certified End-of-Life Doula
End of Life Enlightened, LLC
(440) 382-0353
GracefulEndofLife@gmail.com



Please join the Service Coordinators, with welcoming...



Virtual Care with Home Instead
(AI-driven solutions)

Presented by: Owner, Geoffrey Moore and
Home Care Consultant, Shannon Gielty

Please join us as we discuss how Home Instead
uses technology to deliver personalized care.

Friday, March 28 at 1:30 p.m.
Barton Center Dining Room

RAFFLE! RAFFLE! RAFFLE!